

*Las tres pistas, Le tre piste, Three tracks, Die drei bahnen, Las très pistas,
Trzy szlaki, Die drie banen, 彼 鄰 炤, De tre baner*



LES 3 PISTES 2010



20.000m à élimination

1987

24ème édition

2010

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GENERAL INFORMATION

Conditions for North and south America -
Oceania - Asia

ORGANISATION	3 PISTES 2010
<p>ORGANIZER : PIBRAC ROLLER SKATING, AMICALE LAIQUE of VALENCE D'AGEN ROLLER SKATING of GUJAN-MESTRAS</p> <p>MAILING : Daniel BONITHON 5, route de Léguevin 31820 PIBRAC</p> <p>Pers. Phone : 00.33.5.61.86.01.96 Fax : 00.33.5.61.86.01.96 Mail. : 3pistes@orange.fr</p>	<p>PERIOD : Easter Week-end : 3 of April 2010 at PIBRAC (31) 4 of April 2010 at VALENCE D'AGEN (82) 5 of April 2010 at GUJAN-MESTRAS (33)</p> <p>CATEGORIES : from Super Mini to Seniors</p> <p>EVENT RULES : Cumulative individual placing on 3 days. It excludes the participation to the 2nd and the 3rd day event for the one who is absent the 1st day. (Exception super mini, and mini, who will not do the trials in Pibrac)</p>

HOUSING	MEALS
<p>TRAVEL : To be paid by the participants</p> <p>HOUSING :</p> <ul style="list-style-type: none"> ■ <u>Free for the skaters and coaches</u>, in the proportion of 1 manager for 3 skaters (car) or 1 for 5 (bus) for the nights of Friday – Saturday - Sunday – Monday. ■ You should pay for the rest of the nights ■ Additional person will have to pay their lodging. <p>■ Hotels end of registrations 28th of February 2010</p>	<p>BREAKFASTS : Taken and paid directly at the hotel.</p> <p>MEALS :</p> <ul style="list-style-type: none"> -Saturday lunch on the Pibrac skating place (5€) -Saturday diner on the Pibrac skating place (9 €) -Sunday lunch and diner at the skating place at Valence d'Agen (9 €) -Monday lunch at the skating place of Gujan-Mestras (9 €) <p style="text-align: right;"><i><u>Only if reserved</u></i></p>

REGISTRATION FEES
<p>Registrations received before the 8th of March 2010: 0 € Registrations received between the 8 March and 21st of march 2010: 20 € After the 22nd of March 2010 <u>registrations will be refused</u></p> <p>Novelty 2010: to make easier the control of arrivals, the skaters will be inevitably equipped with an individual apparatus of detection (fleas of detection)</p> <p style="text-align: center;">Price of the tenancy: 5€ by skater (deposit 60€).</p>

WELCOME
<p>Friday, 16:00 am, at the skating place of Pibrac, housing and meals will be organized. The numbers will be given Saturday from 11:00 am on.</p>

TROIS PISTES 2010 TROPHY

RULES

- The Trophy will occur according to the International Roller-Skating Federation rules
- Cumulative individual placing on 3 days
- The organizers have the right to modify events program without preliminary notice, regarding the circumstances.



REWARDS

- Trophy for super mini to "juniors" events winners
- Premium to the 3 first of "seniors" categories :

	1 st	2nd	3d
Seniors women B	120 Euro	90 Euro	60 Euro
Seniors men B	120 Euro	90 Euro	60 Euro
Seniors women A	300 Euro	230 Euro	150 Euro
Seniors men A	300 Euro	230 Euro	150Euro

CATEGORIES

CATEGORIES' NAME	BIRTH DATE
Super mini girls and boys	2003
Mini girls and boys	2002-2001
Poussines - Poussins	2000-1999
Benjamines – Benjamins	1998-1997
Minimes girls and boys	1996-1995
Cadettes – Cadets	1994-1993
Junior (only men)	1992-1991
Seniors women and men A or B (*)	1990 and following

(*) No category modification can be done on the competition day. We thank you tell us in which category ("seniors" A or B) your skaters born before 1990, will have to be registered.

« Seniors A » category represents the national elite, « seniors B » category include and all the other athletes.

TROIS PISTES TROPHY 2010 – SCHEDULE

SATURDAY 3 of April 2010 AT PIBRAC Beginning of the race at 1.30PM			SUNDAY 4 of April 2010 AT VALENCE D'AGEN Beginning of the race at 10.30AM			MONDAY 5 of April 2010 AT GUJAN-MESTRAS Beginning of the race at 9.45AM		
CATEGORIES	Distances		CATEGORIES	Distances		CATEGORIES	Distances	
Poussines	1000 m	2 séries	Poussines	1000 m	recovery	Poussines	1000 m	Small final
poussins	1500 m	2 séries	Poussins	1500 m	recovery	Poussins	1500 m	Small final
Benjamines	1500 m	2 séries	Benjamines	1500 m	recovery	Benjamines	1500 m	Small final
Benjamins	2000 m	2 séries	Benjamins	2000m	recovery	Benjamins	2000 m	Small final
Minimes filles	2000 m	2 séries	Minimes filles	2000 m	recovery	Minimes filles	3000 m	Small final
Minimes garçons	3000 m	2 séries	Minimes garçons	3000 m	recovery	Minimes garçons	5000 m	Small final
Cadettes	2000 m	2 séries	Cadettes	3000 m	recovery	Cadettes	3000 m	Small final
Cadets	3000 m	2 séries	Cadets	5000 m	recovery	Cadets	5000 m	Small final
Juniors hommes	5000 m	2 séries	Juniors hommes	5000 m	recovery	Juniors	5000 m	Small final
Seniors Nationaux hommes	5000 m	2 séries	Seniors Nationales dames	3000 m	recovery	Seniors Nationales dames	3000 m	Small final
Seniors Elites hommes	5000 m	2 séries	Seniors Nationaux hommes	5000 m	recovery	Seniors Nationaux hommes	5000 m	Small final
Seniors Nationales dames	3000 m	Final	Seniors Elites dames	3000 m	recovery	Seniors Elites dames	3000 m	Small final
Seniors Elites dames	3000 m	Final	Seniors Elites hommes	5000 m	recovery	Seniors Elites hommes	5000 m	Small final
PAUSE			Super mini filles & garçons	500 m	Final	Super mini filles & garçons	500 m	Finale
			Mini filles	500 m	Final	Mini filles	500 m	Finale
			Mini garçons	800 m	Final	Mini garçons	800 m	Finale
Poussines	1000 m	Final	Poussines	1500 m	Final	Poussines	1500 m	big final
poussins	1500 m	"	Poussins	2000 m	Final	Poussins	2000 m	big final
Benjamines	2000 m	"	Benjamines	2000 m	Final	Benjamines	2000 m	big final
Benjamins	3000 m	"	Benjamins	3000 m	Final	Benjamins	3000 m	big final
Minimes filles	3000 m	"	Minimes filles	Elimination	"	Minimes filles	5000 m	big final
Minimes garçons	5000 m	"	Minimes garçons	Elimination	"	Minimes garçons	10000 m	big final
Cadettes	3000 m	"	Cadettes	Elimination	"	Cadettes	5000 m	big final
Cadets	5000 m	"	Cadets	Elimination	"	Cadets	10000 m	big final
Juniors hommes	10000 m	"	Juniors hommes	Elimination	"	Juniors hommes	5000 m	big final
Seniors Nationales dames	5000 m	"	Seniors Nationales dames	Elimination	"	Seniors Nationales dames	3000 m	big final
Seniors Nationaux hommes	10000 m	"	Seniors Nationaux hommes	Elimination	"	Seniors Nationaux hommes	5000 m	big final
Seniors Elites dames	5000 m	"	Seniors Elites dames	Elimination	"	Seniors Elites dames	5000 m	big final
Seniors Elites hommes	10000 m	"	Seniors Elites hommes	Elimination	"	Seniors Elites hommes	10000 m	big final



The organizers have the right to change this schedule, without notice, according to the circumstances